

Referral

Workers' Compensation / Motor Vehicle Accident

Mobile Exercise Physiology

Patient details

Appropriate for:

Home visit

Video consultation

Name: _____ DOB: _____

Phone: _____ Email: _____

Address: _____ Postcode: _____

Injury: _____

Date of injury: _____ Date of surgery (if applicable): _____

Insurer information

Company name: _____ Claim number: _____

Contact name: _____ Phone: _____

Employer information (if applicable)

Company name: _____

Contact name: _____ Phone: _____

Treating doctor

Referred by

Name: _____

Date: _____

Signed: _____

Copy to: _____



GUARDIAN
exercise rehabilitation

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admin@guardianexercise.com.au

E-referrals: guardianexercise.com.au

Your referral will be initiated within 24 hours and a comprehensive report provided within 5 working days after initial assessment.

Referral for Exercise Physiology for compensable injury/illness

- ◆ 20 years' experience in rehabilitation interventions.
- ◆ Clinicians consult clients across a broad spectrum of injuries and illnesses - significant experience with musculoskeletal injuries and mental illnesses.
- ◆ Consult clients throughout their recovery journey, from early intervention through to chronicity management.
- ◆ Convenience in completion with appointments at home, in the workplace or at a community facility.
- ◆ Biopsychosocial approach with emphasis on collaboration, education and empowerment.
- ◆ Optimise function and healthy re-engagement in work, as well as everyday and recreational activities.
- ◆ Our goal is to achieve timely outcomes with durability and self-efficacy for clients.
- ◆ Telehealth service offering for remote clients and/or those unable to attend consultations in person.

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Connect



Mobile service

Exercise Physiologists travel to the client and coordinate all required approvals and paperwork.